

Yes, There Is A Natural Solution To Troubling Chronic Conditions!

A Safe, Uniquely Effective Alternative to Drugs and Surgery

“Julie” still remembers the day she attended the free Body Restoration Technique™ workshop. At age 46, she was plagued by fears that she should be put out to pasture. Weight gain, hot flashes, and lack of sleep were dragging her down. Her family relationships were suffering under the weight of her depression and mood swings. Her future looked bleak; she needed answers that she wasn’t getting.

As she listened to Dr. Blake Richardson describing the symptoms that BRT could treat – point for point, her symptoms – she wondered: could this new therapy provide the help she needed? She decided to try it out.

After only a few months of treatment, she wrote:

Thank God for you and BRT! I no longer have hot flashes, I’m sleeping through the night, taking control of my weight, and more importantly, my life! I am so grateful to you, as is my family who I believe will “keep me” now!

Dear Friend,

Have you, like “Julie,” found no relief through traditional medical techniques? Have you seen doctor after doctor, only to come away frustrated or despondent when your health problems persist? If you answered Yes to these questions, the safe and amazingly effective Body Restoration Technique™ offers you the opportunity to renew your health and vitality at last.

Never heard of BRT? Many people haven’t...yet...although over 900 trained and certified practitioners are now practicing this holistic healing method in the US, Europe and Canada. I am proud to be the first and only certified BRT practitioner in Baltimore. I’ve answered a few frequently asked questions for you below. If you’d like to know more, sign up for a **free, no-obligation workshop** – and a **25% to 50% discount** on your initial evaluation!

...for more information, see <http://www.naturalbalance4u.com/faq.htm>

What is Body Restoration Technique?

BRT is a non-invasive, drug-free therapy to remove energy blockages that can disrupt normal communications between brain and body and ultimately lead to loss of health. A BRT practitioner uses reflex points associated with your nervous and endocrine (hormonal) systems to find these blockages, then taps into your body’s own ability to restore itself to health naturally...

...for more information, see <http://www.naturalbalance4u.com/whatisBRT.htm>

How Does My Body Develop Energy Blockages?

If your lifestyle includes anxiety...poor diet...lack of exercise...poor sleep habits...or other factors, your body may be developing energy blockages. Another cause lies in ordinary products in your home or workplace that disrupt your endocrine system by mimicking natural hormones. These include plastics, perfumes, cleansers...

...for more information, see <http://www.naturalbalance4u.com/energyblockages.htm>



819 Frederick Road, Catonsville, MD 21228
(410) 788-4470

Can BRT Treat My Symptoms?

BRT does not treat symptoms! Symptoms are always the **effect** of an underlying **cause**. Stubborn weight, hot flashes, fatigue, etc., are not the problems – they are effects of one or more underlying problems. If you treat just the symptom (effect) of the problem, the underlying cause goes undetected and worsens over time....

...for more information, see <http://www.naturalbalance4u.com/treatsymptoms.htm>

Is BRT Based on Accepted Medical Principles?

Absolutely. As every medical student learns, there are two parts to the nervous system: the Somatic (the portion under our conscious control) and the Autonomic (the portion that controls unconscious functions like heart rate, blood pressure, hormone production, etc.). BRT communicates with the autonomic system....

...for more information, see <http://www.naturalbalance4u.com/scientificbasis.htm>

How Soon Will I See Results, And How Long Will They Last?

If pain is your primary symptom, you may experience a dramatic improvement immediately after treatment. If stresses and toxins (endocrine disruptors) have compromised your health over a period of years, it may take time for BRT to remove these from the tissues and cells of your body. Results vary from person to person. After your treatment is complete, studies indicate that energy blockages do not tend to re-form for some time...

...for more information, see <http://www.naturalbalance4u.com/howmanytmts.htm>

What Kinds of Conditions Does BRT Help?

While BRT does not treat medical conditions directly, health problems like these have responded to treatment: Allergies ♦ Stress ♦ Stubborn Weight ♦ Sleep Problems ♦ Hot Flashes ♦ Neck/Back Pain ♦ Digestive Problems ♦ High Blood Pressure ♦ Food Cravings ♦ Fatigue ♦ Fibromyalgia ♦ Inflammation ♦ Menstrual Problems ♦ Dry Skin...

...for more information, see <http://www.naturalbalance4u.com/conditionshelped.htm>

Am I a Good Candidate for BRT Treatment?

If you suffer from chronic health issues, or if you want to prevent them...**yes!** BRT is a totally safe, painless, and non-invasive procedure that complements mainstream medical care by helping your internal environment return to balance. Regardless of your age or condition, if you have energy blockages that are compromising your health, BRT is the right treatment for you.



How Can I Learn More About BRT?

For general information, and to register for a free workshop on the benefits of BRT, visit my site at www.naturalbalance4u.com/fag.htm. If you have specific questions and concerns that you want to discuss personally, call me at 410-788-4470, or visit the **Natural Balance Wellness Center** at 819 Frederick Road, 1st floor, Catonsville, MD, 21228.

When you call or visit, be sure to ask about our newly affiliated holistic health practitioners, who can complement your BRT treatment:

- ♦ Jenifer Almond, Reiki Practitioner
- ♦ Allan Jablon, M.S., Nutritional Consultant

I look forward to talking with you soon!

Dr. Blake

Dr. Blake Richardson
Certified BRT Practitioner/Chiropractor

P.S. Special New Client Bonus: If you come to my free informational workshop, you will receive a **25% discount** for your initial evaluation. Bring a friend with you, and you will **both receive a 50% discount!**